

SHAC Meeting Oct 17, 2016

The meeting was called to order at 4:00pm. Welcome and introductions were made. Ms. Martin introduced herself and everyone on the committee did likewise. Apologies were made for having a SHAC meeting on the evening of middle school volleyball games, but it was impossible to find an evening when no activities were happening.

Ms. Martin went over needs and meeting norms as well as committee contact information for accuracy. Deann Lee discussed SHAC's Purpose, Mission, and Goals.

Ms. Martin discussed the Bylaws previously adopted by a former committee. The committee discussed the components of the bylaws and amended #3 Meetings: Location. Previously it was listed as MES Media Center. A motion was made by Karen Farrar and seconded by Kaitlin Blackwell to make the location as Millsap High School. It passed unanimously.

Ms. Martin noted that all SHAC minutes and information are on the MISD website. It will be updated on the website as soon as feasible.

Ms. Martin showed the committee the brochure which was created by SHAC in 2014-15 and was updated in 2015-16. The committee was asked to update the brochure as they had knowledge. Ms. McCall mentioned that Manna aids with utilities and rent. Center of Hope does that, as well, based on applications. Center of Hope serves meals every day, helps finding jobs, classes to prep for jobs, etc. Grace House is opening a new Options Clinic in Weatherford which will offer many more opportunities for people. Grace House is offering new counseling services and the minister is moving to our community. He might be willing to come speak to MISD. Ms. Martin shared her email address so people could contact her with further input if things came to mind. Carrie Bond at Greenwood Baptist offers counseling, as well.

The committee discussed some of the curriculum we have including Dr. Eric Cupp. He will be discussing social appropriateness with secondary students tomorrow. He will work with small groups at the elementary. A few committee members spoke about the impact Dr. Cupp has had on the campuses. A letter went home to parents about Dr. Cupp's topic as well as resources for parents.

Ms. Lee discussed Aim for Success. This is a program that uses drama, humor, etc. to reach students in a powerful and impactful way. It does cost approximately \$1500 and is not currently budgeted by the school district. Currently, there are three available programs with one being created that specifically targets sexting and today's social media issues. Ms. Tammy Addison has seen the program and explained a little more about it to the committee. She said it was extremely professional and very positive. It also has a parent component. Ms. Humphrey also remembered the program when her son was in middle school. The committee had a great deal of discussion about Aim for Success and the committee was unanimously interested in pursuing it. New River- Dan Rasmussen and Ryan Sims. Donald Rollins with Church of Christ of Mineral Wells. (Ideas for future help)

Ms. Martin then discussed the Millsap ISD Student Welfare Wellness and Health Services Policy and the need for an update as per TASB's recommendation. The change under Wellness Plan will be adding regulations during the day for food provided even if not sold to students. "Otherwise made available" is deleted in Nutrition Guidelines. In the section under Goals for Nutrition Promotion- advertising "during the school days contain only products that meet the federal guidelines for meals and competitive foods." The new one says "outside the school day" the federal guidelines would have to be met. The committee wanted to omit goal #3 and keep goals #1 and #2 as law says we must have 'at least one goal'. Under the area for nutrition education- the district shall establish and maintain school gardens and farm to school programs. Instead of mandating this, the committee would like to continue to encourage participation in such activities. Under Implementation we must fill in the blank as to who shall implement the policy with "Superintendent or designee". The committee agreed to keep it as such. Under Evaluation, the update omitted an entire paragraph and updated "annual report" with "and the required implementation assessment". Under Records Retention the word "required" is added to 'The District shall retain all "required" records associated with the wellness policy'.

Ms. Martin asked if anyone would be interested in chairing the committee. Ms. Bartholomew and Ms. Williams expressed their interest in co-chairing. Ms. Farrar motioned and Ms. Gaines seconded with the vote being unanimous. Ms. Blackwell motioned and Ms. Farrar seconded for Ms. Stewart to be secretary.

Dates for future meetings were set. December 1- 4-5:30. Feb 9- 4-5:30. April 10- 4-5:30

The meeting was dismissed at 5:22.